



# PSHE/RSE

<b>EYFS</b>	<p style="text-align: center;"><b>Self-Regulation ELG-</b></p> <p>Show an understanding of their own feelings and those of others and begin to regulate their behaviour accordingly. Set and work towards simple goals, being able to wait for what they want and control their immediate impulses when appropriate. Give focused attention to what the teacher says, responding appropriately even when engaged in activity, and show an ability to follow instructions involving several ideas or actions.</p> <p style="text-align: center;"><b>Managing Self ELG-</b></p> <p>Be confident to try new activities and show independence, resilience and perseverance in the face of challenge. Explain the reasons for rules, know right from wrong and try to behave accordingly. Manage their own basic hygiene and personal needs, including dressing, going to the toilet and understanding the importance of healthy food choices.</p> <p style="text-align: center;"><b>Building Relationships Children ELG-</b></p> <p>Work and play cooperatively and take turns with others. Form positive attachments to adults and friendships with peers. Show sensitivity to their own and to others' needs.</p>
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<b>Year 1</b>	Family and relationships	Health and wellbeing	Safety and the changing body	Citizenship	Economic wellbeing	Identity
<b>Year 2</b>	Family and relationships	Health and wellbeing	Safety and the changing body	Citizenship	Economic wellbeing	Identity
<b>Year 3</b>	Family and relationships	Health and wellbeing	Safety and the changing body	Citizenship	Economic wellbeing	Identity

<b>Year 4</b>	Family and relationships	Health and wellbeing	Safety and the changing body	Citizenship	Economic wellbeing	Identity
<b>Year 5</b>	Family and relationships	Health and wellbeing	Safety and the changing body	Citizenship	Economic wellbeing	Identity
<b>Year 6</b>	Family and relationships	Health and wellbeing	Safety and the changing body	Citizenship	Economic wellbeing	Identity